

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

May 2019

Volume 10 Issue



POSTULATE: (noun) A conclusion, decision or resolution made by the individual himself on his own self-determinism on data of the past, known or unknown. The postulate is always known. It is made upon the evaluation of data by the individual or on impulse without data. It resolves a problem of the past, decides on problems or observations in the present or sets a pattern for the future.

SCIENTOLOGY ABBRIDGED DICTIONARY

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Preserve, Protect & Promote

FREE THETAN
Volume 10 Issue 5 May 2019

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oOo~

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist <i>Preserve, Protect & Promote</i> http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

“People are the victims of their own flinch. They are the victims of their own postulates,* the victims of their own belief that they are inadequate.”

—SCIENTOLOGY: A NEW SLANT ON LIFE

It all comes down to the individual. Imagine, for an immortal being who has done everything, experienced everything, the task is to have a new game to keep up interest. How does an individual do that?

Well as a full OT at some time in the past it is likely that he will impose restrictions on himself to increase the challenge of a new game.

The only problem with this is that often they, over the eons, forgot the postulate they made, even thought the postulate did not forget him. The result is a deterioration of the individual who amasses millions of forgotten, but still active, postulates and who wonders what happened and why is he now in this mess.

Fortunately, with Scientology, he can be dug out. Moving up the bridge correctly with standard tech an individual can regain the use of his postulates and become a free being once again.

A good game to play.

Until next time.

ARC

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken_Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

Life Repair

I remember coming into this thinking 'I'm broken' and that all the stuff in my life will haunt me for the rest of my life, and thinking that I was trapped in this dark, scary, unhappy place, and that I didn't deserve better because of the things I've done, and the people I've hurt (me included).... What I gained from all of this is that we are all broken and forgivable and are worthy of happy, successful and fulfilling lives.

But what I learned more importantly is that no one else but ourselves is responsible for our happiness and success. I've learned to forgive myself, accept myself, love myself, and be proud of myself.... and others as well. Maybe the biggest success is forgiving people who have hurt me, betrayed me, deceived me, and didn't accept me. That's their loss, and I'm not going to be affected by it. I have a clear head on now and am ready to kick some serious butt!

As of this day I can honestly attest that my life and survival has improved to the point where I am looking to the future in a very positive frame of mind. My auditing with Trey has been amazing and I feel like I have been released from holding onto any past concerns in my present life. I am ready to step forward into the light and make wonderful things happen in my life and in the lives of the people close to me.

Let's Rock!

Grade 0

I have always felt I could communicate to any one on any subject so I was not really expecting any fireworks on this level.

Well...there was more to this level than meets the eye for sure. I line charged in one session, and after another session I got more of an awareness of communication on the 3rd and 4th dynamic. Then today on my way to session I got this flow where I just felt compassion for all beings, and no ridges on flowing

ARC to anyone. I cried because it was just too much to hold into this little body. .

We addressed things I "knew" I had no charge on. Ha Ha Ha. These were the biggest wins. I feel freer and more in comm with society as a whole, and my ability to grant beingness is a whole lot bigger.

For the first time, I can honestly say I am a different being. I am getting a lot freer.

Grade O has been absolutely wonderful. I have spent my whole life afraid to speak up, much to my detriment. In the past I have allowed others to misuse me with their comm, and invalidate my viewpoint. About half way through the grade, I suddenly began communicating without fear and with confidence. I was no longer worrying about how my communication would be received,

or checking the environment to see if it was "safe" to communicate my viewpoint. What I have received from the grade was not just the ability to communicate, but the ability to communicate from a viewpoint. My viewpoint! Now that I have this, I have my integrity back. What is true for me is true for me. What I have observed is what I have observed. I have truth, my truth, and now I can share it without worry or self-doubt. Thank you LRH for this profound gift you have left the world.

Grade 1

I just completed Grade 1 and I now know for sure that I have the ability to recognize the source of problems and make them vanish without any doubt whatsoever. I've actually seen how many problems I've created and have now started to handle so that they vanish. I'm really happy to have this ability.

CLEAR

Unfortunately, as usual, the words aren't going to come forth. However emotion, feeling and love are there for all those who got me to the place where I can say "I'm CLEAR."

OT I

What a wonderful day!! I never thought you could have such a good time in a mall. My biggest win was to be able to ramp up affinity almost at will. And since it feels so good to do that, I'll probably be doing it a lot from now on. Thanks to the usual cast of characters,

Ls

I had a nice win between sessions yesterday. I was thinking about my connections to the CoS, what sort of considerations, incorrect ideas, fixed ideas or line lines that may still be connected to me in that regard. I had seen these in another recently during a conversation and was curious if I retained something similar. Pow. Something blew. It was palpable and I immediately felt different.

I had to examine my new viewpoint to realize what was different. There had been a bit of PTS'ness in the form of a dependency, a need and fear of reprisal. Poof! Gone on inspection. A casual inspection at that. My future is my own. It is interesting how it was subtly inhibiting my reach.

L10

I have been having tremendous wins and case gain. It is sometimes difficult to spell these things out as these wins frequently occur outside of normal reality so to speak. I explained it to a friend of mine recently in this manner.

When you walk into a room you don't notice the elephant that isn't there. I know this sounds funny but this is the way it is. The L's get rid of the elephant you didn't know was there and since it's now gone, you don't notice it was an elephant. You DO however notice that something very large and charged is gone. It is just mystifying as to what it was. Whole banks are blown with this auditing.

I was between sessions the other day and happened to notice a mass that was impinging. I could see and feel it. Normally I would leave this to session to handle but it was bugging me, so I took a good look at it and penetrated to its significance and duplicated it. Boom! it blew in a flash that felt as though it physically rocked me. I felt tremendous relief and keyed out. This is blowing by inspection and is a result of the L's.

I am currently on a portion of the rundown that handles considerations across ones dynamics. The really fascinating part is the way LRH parcelled each individual dynamic up into little pieces for you to examine a specific consideration on that piece. Really great wins and cognitions from this action. It is wonderful to handle a consideration (continuing postulate) from your very distant past. I handled one very near my beginnings on a part of mest today. It left me unable to continue. I am anxious to see what the remaining dynamics considerations will bring.

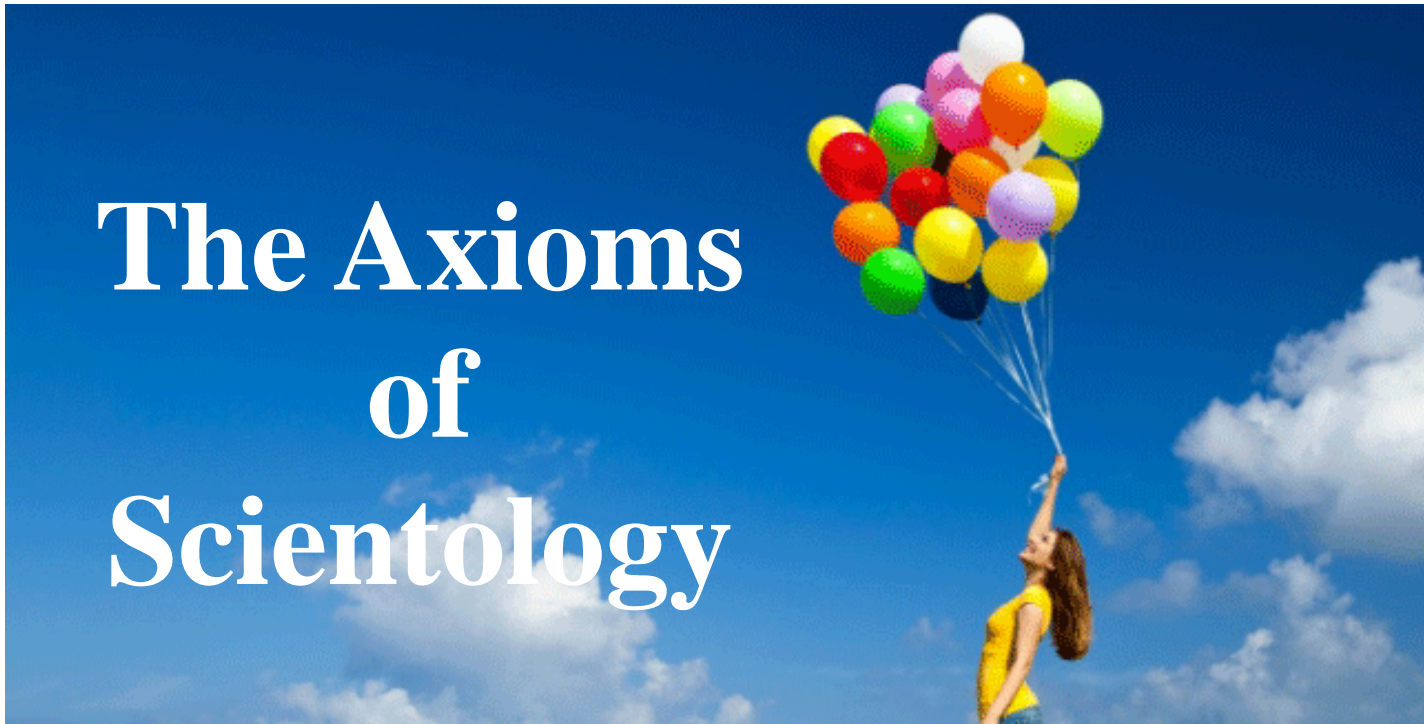
I am not finished with L-10 but I can articulate some of the wins and changes I see occurring. I feel much more alive. The world is an interesting place. Everything is interesting. I have a much greater sense of life and livingness. Even mest is alive. I perceive the beingness in things, vibrantly. The clouds are puffier and the mountains, more majestic. I am exterior and my perception is clearer.

I can feel the trees and the mountains. They have beingness.

I am also very busy- the real product of L-10- doingness as an OT. Might not be what you think it is but it is in spades.

I am really enjoying these rundowns.

~oo0oo~



The Axioms of Scientology

1. LIFE IS BASICALLY A STATIC.

Definition: a Life Static has no mass, no motion, no wavelength, no location in space or in time. It has the ability to postulate and to perceive.

2. THE STATIC IS CAPABLE OF CONSIDERATIONS, POSTULATES, AND OPINIONS.

3. SPACE, ENERGY, OBJECTS, FORM, AND TIME ARE THE RESULT OF CONSIDERATIONS MADE AND/ OR AGREED UPON OR NOT BY THE STATIC, AND ARE PERCEIVED SOLELY BECAUSE THE STATIC CONSIDERS THAT IT CAN PERCEIVE THEM.

4. SPACE IS A VIEWPOINT OF DIMENSION.

5. ENERGY CONSISTS OF POSTULATED PARTICLES IN SPACE.

6. OBJECTS CONSIST OF GROUPED PARTICLES.

7. TIME IS BASICALLY A POSTULATE THAT SPACE AND PARTICLES WILL PERSIST.

8. THE APPARENCY OF TIME IS THE CHANGE OR POSITION OF PARTICLES

IN SPACE.

9. CHANGE IS THE PRIMARY MANIFESTATION OF TIME.

10. THE HIGHEST PURPOSE IN THE UNIVERSE IS THE CREATION OF AN EFFECT.

11. THE CONSIDERATIONS RESULTING IN CONDITIONS OF EXISTENCE ARE FOUR- FOLD:

(a) As- is- ness IS THE CONDITION OF IMMEDIATE CREATION WITHOUT PERSISTENCE, AND IS THE CONDITION OF EXISTENCE WHICH EXISTS AT THE MOMENT OF CREATION AND THE MOMENT OF DESTRUCTION, AND IS DIFFERENT FROM OTHER CONSIDERATIONS IN THAT IT DOES NOT CONTAIN SURVIVAL.

(b) Alter- is- ness IS THE CONSIDERATION WHICH INTRODUCES CHANGE, AND THEREFORE TIME AND PERSISTENCE INTO AN As- is- ness TO OBTAIN PERSISTENCY.

(c) Is- ness IS AN APPARENCY OF EXISTENCE BROUGHT ABOUT BY THE CONTINUOUS ALTERATION OF AN As- is- ness. THIS IS CALLED, WHEN AGREED UPON, REALITY.

(d) Not- is- ness IS THE EFFORT TO HANDLE Is- ness BY REDUCING ITS CONDITION THROUGH THE USE OF FORCE. IT IS AN APPARENCY AND CANNOT ENTIRELY VAN- QUISH AN Is- ness.

12. THE PRIMARY CONDITION OF ANY UNIVERSE IS THAT TWO SPACES, ENERGIES, OR OBJECTS MUST NOT OCCUPY THE SAME SPACE. WHEN THIS CONDITION IS VIOLATED (PERFECT DUPLICATE) THE APPARENCY OF ANY UNIVERSE OR ANY PART THEREOF IS NULLED.

13. THE CYCLE OF ACTION OF THE PHYSICAL UNIVERSE IS: CREATE, SURVIVE (PERSIST), DESTROY.

14. SURVIVAL IS ACCOMPLISHED BY ALTER- IS- NESS AND NOT- IS- NESS, BY WHICH IS GAINED THE PERSISTENCY KNOWN AS TIME.

15. CREATION IS ACCOMPLISHED BY THE POSTULATION OF AN AS- ISNESS.

16. COMPLETE DESTRUCTION IS ACCOMPLISHED BY THE POSTULATION OF THE AS- IS- NESS OF ANY EXISTENCE AND THE PARTS THEREOF.

17. THE STATIC, HAVING POSTULATED AS- IS- NESS, THEN PRACTICES ALTER- IS- NESS, AND SO ACHIEVES THE APPARENCY OF IS- NESS AND SO OBTAINS REALITY.

18. THE STATIC, IN PRACTISING NOT- IS- NESS, BRINGS ABOUT THE PERSISTENCE OF UNWANTED EXISTENCES, AND SO BRINGS ABOUT UNREALITY, WHICH INCLUDES FORGETFULNESS, UNCONSCIOUSNESS, AND OTHER UNDESIRABLE STATES.

19. BRINGING THE STATIC TO VIEW AS- IS ANY CONDITION DEVALUATES THAT CONDITION.

20. BRINGING THE STATIC TO CREATE A PERFECT DUPLICATE CAUSES THE VANISHMENT OF ANY EXISTENCE OR PART THEREOF.

A perfect duplicate is an additional creation of the object, its energy, and space, in its own space, in its own time using its own energy. This violates the condition that two objects must not occupy the same space, and causes vanishment of the object.

21. UNDERSTANDING IS COMPOSED OF AFFINITY, REALITY, AND COMMUNICATION.

22. THE PRACTICE OF NOT- IS- NESS REDUCES UNDERSTANDING.

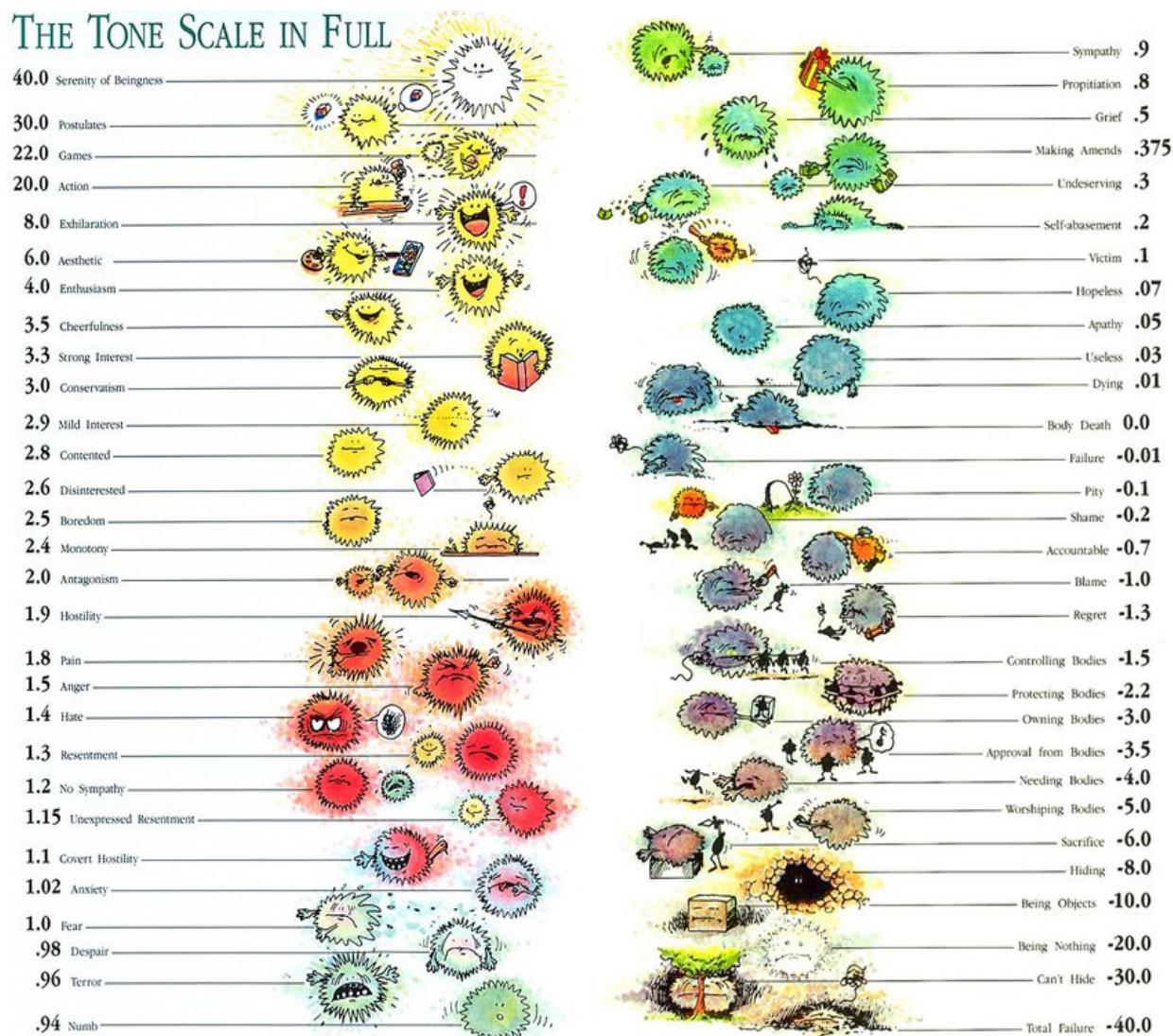
23. THE STATIC HAS THE CAPABILITY OF TOTAL KNOWINGNESS. TOTAL KNOWINGNESS WOULD CONSIST OF TOTAL ARC.

24. TOTAL ARC WOULD BRING ABOUT THE VANISHMENT OF ALL MECHANICAL CONDITIONS OF EXISTENCE.

25. AFFINITY IS A SCALE OF ATTITUDE WHICH FALLS AWAY FROM THE CO- EXISTENCE OF STATIC, THROUGH THE INTERPOSITIONS OF DISTANCE AND ENERGY, TO CREATE IDENTITY, DOWN TO CLOSE PROXIMITY BUT MYSTERY.

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		reservo, servo, proveho

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics



According to the Axioms. A static has no motion. It has no wave length. The proofs and details of this are elsewhere in Scientology.

This static has the peculiarity of acting as a “mirror”. It records and holds the images of motion. It even can create motion and record and hold the image of that. It records also space and time in order to record motion which is, after all, only “change in space through time”. Played against motion as a kinetic, the static can produce live energy.

In a mind, any mind, the basic beingness is found to be a static on which motion can be recorded, and which, acting against motion, produces energy.

A memory is a recording of the physical universe. It contains—any memory—a time index (when it happened) and a pattern of motion. As a lake reflects the trees and moving clouds, so does a memory reflect the physical universe. Sight, sound, pain, emotion, effort, conclusions, and many other things are recorded in this static for any given instant of observation.

Such a memory we call a “facsimile”. The mind, examining a facsimile it has made, can see it, feel it, hear it, re-experience the pain in it, the effort, the emotion.

There are billions of facsimiles available to any mind. Billions of billions. These facsimiles can be brought into present time by the environment, and “unseen” or “unknown” by the awareness

of awareness of the mind, can reimpress their pains, efforts, and aberrations upon the being, thus making one less liable to survive. All unknowingnesses, confusion's, aberrations, psychosomatic ills are traceable to facsimiles.

One believes he can use *any* facsimile he has ever received. He has been hurt. He uses the facsimile of being hurt to hurt another. But since one survives as well as everything else survives, to hurt another is *wrong*. One *regrets* the injury, seeking to turn back time (which regret). Thus the facsimile he used becomes interlocked with his facsimile of trying to use it and both facsimiles “hang up” and travel with present time. One even gets the *pain* he seeks to inflict on another, this being the action against him of the facsimile he sought to give, by action, to another. It startles the preclear, when run through a boyhood fight, wherein he hit another boy in the eye, to feel the pain in his *own* eye at the instant of the blow. And so it is with *all* inflicted injuries. This is a simple matter of the interaction of the pictures of energy.

This is a “maybe”, indecision, inaction. This is aberration—trying to do unto others what was done to you—good or bad.

An interplay of static against motion or between two classes of motion, one relatively static to the other, can and does produce active electrical energy in beings of different characteristics and potentials. This makes a living being an electrical field more capable of high potential and varieties of waves than are known to nuclear physics, of which Scientology is a basic.

This created energy played lightly over a “facsimile” reactivates it and causes it to bear upon a being once more. This is an activity of thinking.

A “facsimile” brought into play by a moment of intense activity may afterwards, when the being is again producing only normal energy output, “refuse” to be handled by the lower energy. This facsimile then can trap the energy of a being and turn upon him the pain, emotion, and other things recorded in the facsimile. The facsimile thus can absorb energy and give pain, especially when the being holding it has forgotten it or does not perceive it. This is restimulation. By concentrating a live energy flow upon a facsimile directly, the being can erase, disintegrate, or “explode” or “implode” it.

As heavy facsimiles are the hidden source of human aberration and psychosomatic illness, their erasure or better handling by the being is intensely desirable.

The remedy of human aberration and illness is a minor goal of Scientology. Its discoveries make this possible.

If Life—or theta, as it is called in Scientology (q)—is a mirror and a creator of motion which can be mirrored, it follows then that mirror-wise, the whole of the laws of motion, magnetism, energy, matter, space and time can be found in thought, and behavior and even thinking partake of the physical universe laws regarding matter, energy, space and time. Thus even the laws of Newton can be found operative in thought. Fortunately all this is beyond the need of an auditor's immediate grasp of the subject for if it were not, an auditor would have to be first a nuclear physicist before he could begin to make the lame well and the able more able.

Some understanding of the matter is, however, desirable—otherwise some very weird philosophies would develop which would benefit none. Man has been ridden to death by philosophies which, unproven by any result, yet achieved enough prominence to spoil many a society (Schopenhauer or Nietzsche, for example). And many a scientific effort has fallen into disrepute because of philosophic misrepresentation.

Kant and Hegel all but ruined any hope nuclear physics or the humanities had by wild misinterpretation (in resounding language) of Indian philosophy and other early efforts to resolve the riddle of existence. So let us see how very basic and simple are the reasons why we audit what we audit.

Life can create motion or use motion or mirror motion.

Motion is a change in space. Any change involves time. Conversely, for there to be time, there must be change. If no change occurs we have the illusion of a static again. The main trouble with facsimiles is that they “hang up” in time, then become timeless and then give the concept of “no change”. Our preclear, desiring to change for the better, cannot change because he is “hung up” in a memory which he “can’t” change. The auditor wants change. Timelessness or forgiveness prevents change and these unwelcome conditions come about when a facsimile “hangs up” in present time. This makes the preclear feel he is unable to change. No matter what you do for him, if you do not get him “into present time” or (the same thing) get the facsimiles *out* of present time, you have “no change”. Thus we had better know what makes a facsimile “hang up”, and, “hung Up”, act upon the preclear.

We see that a facsimile is a mirror of old motions. It is undone and gotten out of present time by dropping out its “motion”. Only the mind can put the “motion” of a facsimile back into motion in the physical universe.

The facsimile is “made” by the mind’s ability to duplicate the wave or motion patterns of the physical universe. A “live” attention unit operates only in present time. A facsimile is composed of “dead” attention units, a pattern once made by “live” units in some past present time. For example, one sees a man. His attention units could be said in that instant to make up the pattern of what he sees. A moment later, he has a facsimile made up of “dead” attention units. He can “sec” this man again simply by throwing *live* units at patterns of *dead* units. The facsimile can come “alive” and active only when *scanned* by live units. Then, it can stay “alive” so long as live units are fixed on it. It will not “run out” or dissipate unless a large number of live units are played on it. Thus, a facsimile can “hang up”. This is an analogy, but it will do for an auditor.

An auditor can “see” his preclear as a mind which is surrounded by old facsimiles which are given just enough attention to keep them “in present time”. It is the task of the auditor to drop *all* facsimiles into an inactive state. It is a grim fact that one really doesn’t think with these heavy facsimiles. *One could survive quite well if he had no facsimiles!* Thought can pervade an area or approximate a situation and *know*. The mind thinks with light facsimiles, or no facsimiles at all.

Thus there is a compulsion early on the track to have facsimiles. Then, as one ceases to “know”, one is at length no longer in control of his facsimiles but is their victim. Given enough facsimiles, a man dies; a theta being decays until it can’t even be a Man.

How, then, does one strip away facsimiles from the present time of the preclear? The auditor would have to audit billions of them to erase all the facsimiles the preclear has made or borrowed” and which now act heavily upon him, giving him illness, degradation and aberration as well as amnesia as to his actual past.

We can rehabilitate the preclear by raising his ability to create energy, and thus bring him to a “speed” which has sufficient output for him to overcome facsimiles. We do this by erasing or reducing certain facsimiles, and, in doing so, retrain our preclear to produce a higher energy potential.

SCIENTOLOGY 8-80

~oo00oo~



Freedom

Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

-SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

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source and well known
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"REALITY IS THE AGREED UPON
APPEARANCE OF EXISTENCE"

SCIENTOLOGY 8 808
Lafayette Perry Hubbard

From: [REDACTED]
To: [REDACTED]
Sent: Friday, July 23, 2004 1:12 PM
Subject: Touch Assist on yourself

Well, there's a very interesting experiment that you can run, if you have some minor ailment in some part of your body or something of the sort. Let's say you have a knock in the head or something that hasn't gotten well. If you'll just run a Touch Assist on yourself for a while, just keep touching it and looking at your fingers. And you may have to do it for several days or something like this because it might be quite severe—or if you know of an old injury, something like this—you keep doing it, you know. Keep noticing your fingers, not feeling them but kind of looking at them. ...

"Well, the funny part of it is what disappears is the bump. This is an interesting demonstration as to the goodness or badness of man. The bump disappears. Who's looking at it? You are. Well, what did you cause to have happen? You caused a bump to disappear. That's what you had happen. Well, why didn't your head disappear? That's an interesting thing. Just think it over for a while.

"It demonstrates that your presence or attention on anything is beneficial to a body. It's fascinating. I mean you look it over. You've got enough philosophy in those few words to have stunned Chaldea."



—L. Ron Hubbard

Excerpted from the *London Congress on Dissemination & Help and the London Open Evening Lectures*



A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body. Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

(If you are undergoing any major auditing action check with your auditor or C/S before doing these drills)

~oo00oo~

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex
HCO EXECUTIVE LETTER OF 21 FEBRUARY 1966

Gen Non-Remimeo
TO: org staffs
FROM: Ron

SUBJECT: THE CALCULATED RISK

The calculated risk taken on 23 January, 1963, has paid off. And nothing can stop us.

On that date I saw that when the gun-waving Federal Marshals stormed the Church in Washington, we were in for a series of raids and enturbulent actions by governments.

Therefore, as the officers of the various areas can tell you, I ordered them to fight a delaying action while I completed the research.

The strategy was this - the only thing which would ultimately win for us was total technology. If I interrupted research to swat flies, we might lose. Therefore I handed over most of the defense to others and speeded up research.

This was somewhat like seeing the Indians in the distance and instead of readying a barricade, going on inventing a new weapon on the gamble that you would have completed the job before the first brave got to you.

Well, "we done it". Melbourne fell. DC barely held on. Even Saint Hill got its whiff of grape. All orgs were hammered. But staffs stood up splendidly. And the research was completed.

By working 18 hours a day on research and the rest on administrative matters, by August of 1965 I had the full answers to total freedom.

Over a hundred Scientologists were enrolled on the Clearing Course and started toward Clear and Operating Thetan.

In the spring of 1966 the first Clear graduated from that course with many close behind.

And in the nick of time.

This material and these people are scattered all over the planet. Scientology data now couldn't be isolated

and burned by an army of agents. No matter what happens, Scientology today will keep right on going.

History is about to be written out loud.

The only thing you could do to a Clear or an OT would be to make him laugh. But that isn't all a Clear could do. I trust you get it.

Well, the calculated risk paid off. The ultimate "weapon" was attained before the shades of night hit the planet, before the Big Bomb went and before suppressive groups totally shackled Mankind.

The ultimate weapon is total freedom. Freedom no benighted beast can send to Auschwitz. A freedom no gestapo can curtail. A freedom that is completely unqualified.

It is a good thing beings are basically good.

Freedom to be free or to strike at will without any fear of retribution could otherwise be rather grim.

The higher the release or clear, the more decent a being gets.

So we made it. In all the eons, apparently only we made it. And whew it was a near thing. But in the immortal words of Tom Esterbrook, "there goes the old ball game". The job is done.

f you're not enroute, by the way, you better hurry up and join the crowd. We'd miss you.

LRH:ml

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L. RON HUBBARD

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THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING						PROCESSING						
Author's Class	Certificate	Course	Prerequisites	Topics	Other Details	FC Course	Name of State	Subject	Prerequisites	Class of Author	Where Taken	Ability
Class XII Auditor	Class XII Auditor Certificate	Class XII Auditor Course	Class XI Auditor Certificate	Class XII Auditor Course	Class XII Auditor Course	OT XV	New Mexico	OT XV	Class XII Auditor Certificate	Class XII Auditor	Class XII Auditor	Conditional self-assess
Class XI Auditor	Class XI Auditor Certificate	Class XI Auditor Course	Class X Auditor Certificate	Class XI Auditor Course	Class XI Auditor Course	OT XIV	New Mexico	OT XIV	Class XI Auditor Certificate	Class XI Auditor	Class XI Auditor	Conditional self-assess
Class X Auditor	Class X Auditor Certificate	Class X Auditor Course	Class IX Auditor Certificate	Class X Auditor Course	Class X Auditor Course	OT XIII	New Mexico	OT XIII	Class X Auditor Certificate	Class X Auditor	Class X Auditor	Conditional self-assess
Class IX Auditor	Class IX Auditor Certificate	Class IX Auditor Course	Class VIII Auditor Certificate	Class IX Auditor Course	Class IX Auditor Course	OT XII	New Mexico	OT XII	Class IX Auditor Certificate	Class IX Auditor	Class IX Auditor	Conditional self-assess
Class VIII Auditor	Class VIII Auditor Certificate	Class VIII Auditor Course	Class VII Auditor Certificate	Class VIII Auditor Course	Class VIII Auditor Course	OT XI	New Mexico	OT XI	Class VIII Auditor Certificate	Class VIII Auditor	Class VIII Auditor	Conditional self-assess
Class VII Auditor	Class VII Auditor Certificate	Class VII Auditor Course	Class VI Auditor Certificate	Class VII Auditor Course	Class VII Auditor Course	OT X	New Mexico	OT X	Class VII Auditor Certificate	Class VII Auditor	Class VII Auditor	Conditional self-assess
Class VI Auditor	Class VI Auditor Certificate	Class VI Auditor Course	Class V Auditor Certificate	Class VI Auditor Course	Class VI Auditor Course	OT IX	New Mexico	OT IX	Class VI Auditor Certificate	Class VI Auditor	Class VI Auditor	Conditional self-assess
Class V Auditor	Class V Auditor Certificate	Class V Auditor Course	Class IV Auditor Certificate	Class V Auditor Course	Class V Auditor Course	OT VIII	New Mexico	OT VIII	Class V Auditor Certificate	Class V Auditor	Class V Auditor	Conditional self-assess
Class IV Auditor	Class IV Auditor Certificate	Class IV Auditor Course	Class III Auditor Certificate	Class IV Auditor Course	Class IV Auditor Course	OT VII	New Mexico	OT VII	Class IV Auditor Certificate	Class IV Auditor	Class IV Auditor	Conditional self-assess
Class III Auditor	Class III Auditor Certificate	Class III Auditor Course	Class II Auditor Certificate	Class III Auditor Course	Class III Auditor Course	OT VI	New Mexico	OT VI	Class III Auditor Certificate	Class III Auditor	Class III Auditor	Conditional self-assess
Class II Auditor	Class II Auditor Certificate	Class II Auditor Course	Class I Auditor Certificate	Class II Auditor Course	Class II Auditor Course	OT V	New Mexico	OT V	Class II Auditor Certificate	Class II Auditor	Class II Auditor	Conditional self-assess
Class I Auditor	Class I Auditor Certificate	Class I Auditor Course	Class 0 Auditor Certificate	Class I Auditor Course	Class I Auditor Course	OT IV	New Mexico	OT IV	Class I Auditor Certificate	Class I Auditor	Class I Auditor	Conditional self-assess
Class 0 Auditor	Class 0 Auditor Certificate	Class 0 Auditor Course	Not Classed	Class 0 Auditor Course	Class 0 Auditor Course	OT III	New Mexico	OT III	Class 0 Auditor Certificate	Class 0 Auditor	Class 0 Auditor	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	OT II	New Mexico	OT II	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	OT I	New Mexico	OT I	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	OT Eligibility	New Mexico	OT Eligibility	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Solo Course	New Mexico	Solo Course	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	OT Preparations	New Mexico	OT Preparations	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Solo Course	New Mexico	Solo Course	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Sunshine Rounddown	New Mexico	Sunshine Rounddown	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	CLEAR Clear Certainty Rounddown	New Mexico	CLEAR Clear Certainty Rounddown	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Expanded Dianetics	New Mexico	Expanded Dianetics	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	New Era Dianetics (NET)	New Mexico	New Era Dianetics (NET)	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Grade IV	New Mexico	Grade IV	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Grade III	New Mexico	Grade III	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Grade II	New Mexico	Grade II	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Grade I	New Mexico	Grade I	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Grade 0	New Mexico	Grade 0	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	ARC Straightenup	New Mexico	ARC Straightenup	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Happiness Rounddown	New Mexico	Happiness Rounddown	Not Classed	Not Classed	Not Classed	Conditional self-assess
Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Not Classed	Purification Rounddown	New Mexico	Purification Rounddown	Not Classed	Not Classed	Not Classed	Conditional self-assess

How to Use This Chart

The chart is an aid to help you understand the various levels and certificates of the Scientology religion. It is not a list of courses to be taken, but a guide to help you understand the various levels and certificates of the Scientology religion. It is not a list of courses to be taken, but a guide to help you understand the various levels and certificates of the Scientology religion.

Definitions

Prerequisite: A person who is in the next to last level of a course must have completed the prerequisite course. A prerequisite course is a course that must be completed before a person can take a course.

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Success Through Communication Course

Life Improvement Course

Personal Efficiency Course

Scientology Introductory Auditing Route

Dianetics (Book One) Route

Anatomy of the Human Mind Route

Purification Route

The Way to Happiness Route

Hubbard Key to Life Course

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

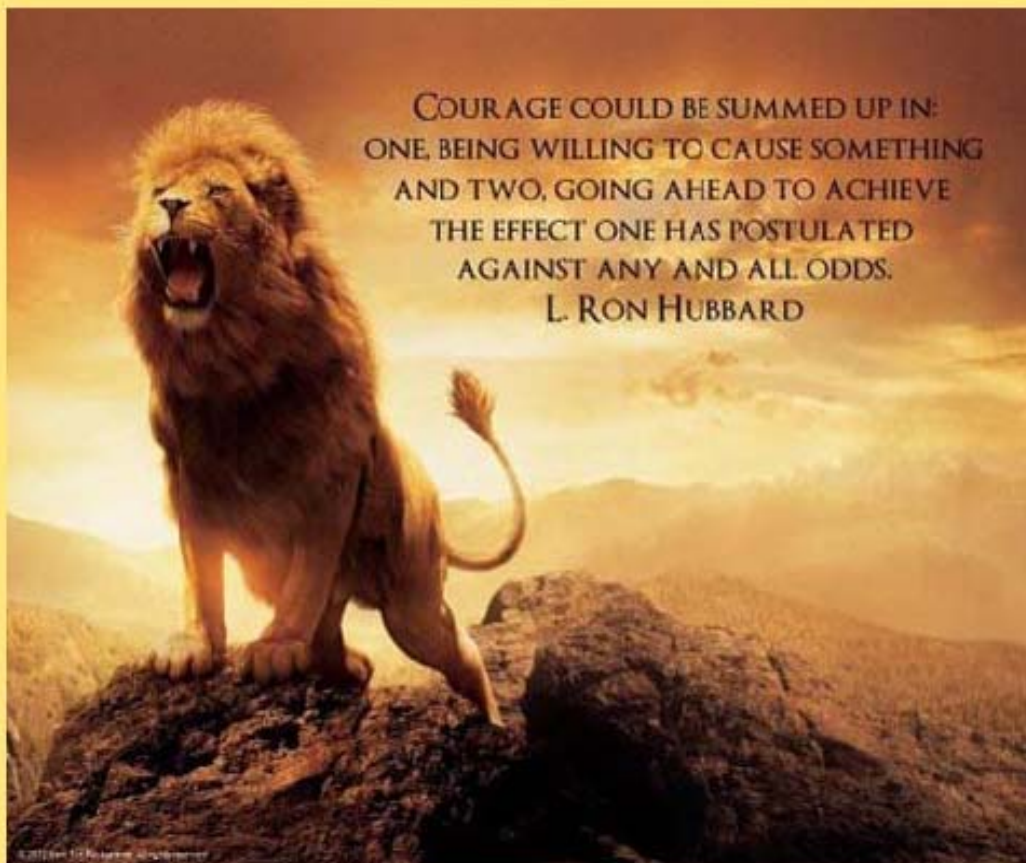
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

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**Quote from
L. Ron Hubbard**

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



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of Professional Independent
Scientologists today and
make a difference to your life!***

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association.net](http://independent-scientologists-association.net)**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

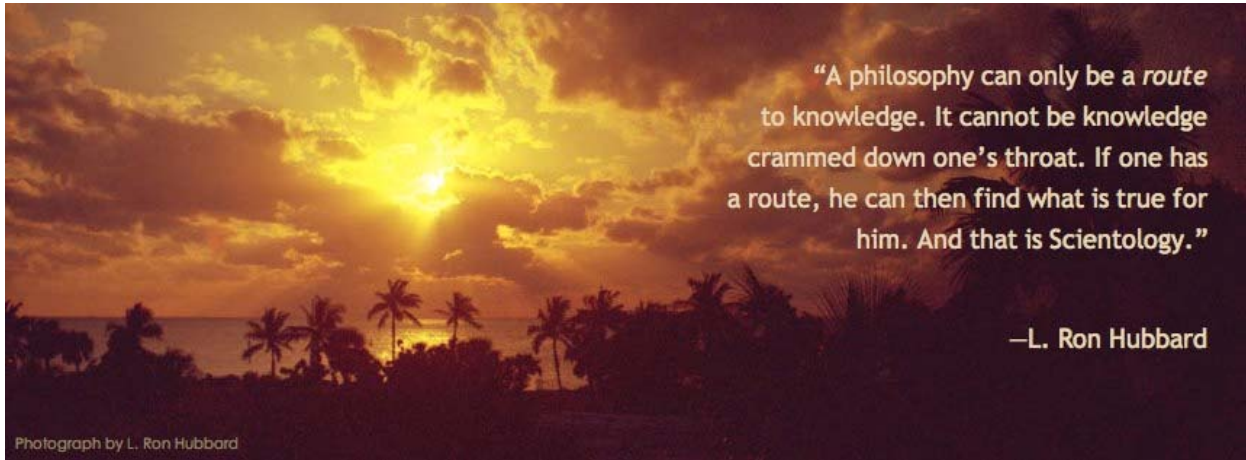
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.

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